

Pre-K School Lunch Menu April -May 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 2	April 10	April 11	April 12	April 13	April 14
Meat, Meat Alt. & Grain (Choose 1)	Chicken Patty on WG Bun     Yogurt Cup/String Cheese w/ Sun Chips & WG Muffin	Vegetarian Spaghetti w/Breadstick Yogurt Cup/String Cheese w/Sun Chips & WG Muffin  Vegetarian Spaghetti w/Breadstick  Normalise Spaghetti w/Breadstick  Normalise Spaghetti w/Breadstick  Normalise Spaghetti w/Breadstick	RPS Burger w or w/o Cheese on WG Bun Yogurt Cup/String Cheese w/Sun Chips & WG Muffin  RPS Burger w or w/o Cheese w/Sun	Breakfast for Lunch     Turkey Sausage     French Toast Sticks     Yogurt Cup/String Cheese w/Sun     Chips & WG Muffin	Pizza Dippers w/Marinara Dipping Sauce     Yogurt Cup/String Cheese w/Sun Chips & WG Muffin
Vegetable (Choose 1-2)	<ul><li> Green Beans</li><li> Oven Baked Fries</li></ul>	Broccoli     Spring Salad Mix	Baked Beans     Pickle Spears/Tomato/Lettuce Cup	Hash Brown Potato Patty     Fresh Baby Carrots w/LF Ranch Dip	Corn     Tossed Salad
Fruit (Choose 1)	<ul><li>Fresh Apple</li><li>100% Fruit Juice</li></ul>	Fresh Fruit     Chilled Fruit Cup	Fresh Orange     Frozen Peach Cup	<ul><li>Fresh Fruit in Season</li><li>100% Fruit Juice</li></ul>	<ul><li>Fresh Orange</li><li>Applesauce</li></ul>
Week 3	April 17	April 18	April 19	April 20	April 21
Meat, Meat Alt. & Grain (Choose 1)	RPS Burger w or w/o Cheese on WG Bun     Yogurt Cup/String Cheese w/Sun Chips & WG Muffin	Oven Roasted Chicken w/Roll     Yogurt Cup/String Cheese w/Sun Chips & WG Muffin	Chicken Tenders     w/WG Dinner Roll     Yogurt Cup/String Cheese w/Sun     Chips & WG Muffin	Corn Dogs     Yogurt Cup/String Cheese w/Sun Chips & WG Muffin	Big Daddy's Pizza     Yogurt Cup/String Cheese w/Sun Chips & WG Muffin
Vegetable (Choose 1-2)	Baked Beans     Pickle Spears/Tomato/Lettuce Cup	Green Beans     Mashed Potatoes	Seasoned Fries     Pickle Spears/Tomato/Lettuce Cup	Baby Carrots w/Dip     Seasoned Broccoli	Corn on the Cob     Spring Mix Salad
Fruit (Choose 1)	Fresh Apple     Frozen Peach Cup	<ul><li>Fresh Orange</li><li>100% Fruit Juice</li></ul>	Assorted Fruit     Frozen Peach Cup	Chilled Fruit Cup     100% Fruit Juice	Fresh Fruit in Season     Frozen Peach Cup
Week 4	April 24	April 25	April 26	April 27	April 28
Meat, Meat Alt. & Grain (Choose 1)	Chicken Patty     Yogurt Cup/String Cheese w/ Sun Chips & WG Muffin	RPS Burger w/ or w/o Cheese on WG Bun     Yogurt Cup/String Cheese w/Sun Chips & WG Muffin	Teriyaki Baked Chicken w/Rice     Yogurt Cup/String Cheese w/Sun Chips & WG Muffin	Seasoned Beef & Cheese     Yogurt Cup/String Cheese w/Sun Chips & WG Muffin	Big Daddy's Pizza     Yogurt Cup/String Cheese w/Sun Chips & WG Muffin
<b>Vegetable</b> (Choose 1-2)	Broccoli     Oven Baked Fries	Baked Beans     Pickle Spears/Tomato/Lettuce Cup	Green Beans     Fresh Baby Carrots w/LF Ranch Dip	Blackbeans w/Corn     Fresh Tossed Salad	Seasoned Corn     Fresh Baby Carrots w/LF Ranch Dip
Fruit (Choose 1)	<ul><li>Fresh Apple</li><li>100% Fruit Juice</li></ul>	Fresh Orange     Chilled Fruit Cup	Chilled Fruit Cup     Frozen Peach Cup	<ul><li>Fresh Fruit in Season</li><li>100% Fruit Juice</li></ul>	Applesauce     Frozen Peach Cup
Milk (Choose 1 per meal)		LF White   LF Chocolate   FF Skim		USDA Nondiscrimination Statement: paschools.net/students-families/meal-distribution	